

# Lay School of Religion

Fall 2022

## Caring Ministry



for lay leaders of the church  
interested in caring ministry

Class begins Tuesday, September 13<sup>th</sup> (6:30 p.m. - 9:00 p.m.) VIA ZOOM  
Five remaining classes - September 27<sup>th</sup>, October 4<sup>th</sup> & 18<sup>th</sup>, November 1<sup>st</sup> & 15<sup>th</sup>

### Meet the instructor - Dr. Traci Sittason Stark

Dr. Stark has been at Heidelberg since 2004 and teaches courses in General Psychology, Social Psychology and Sport Psychology. She enjoys spending time with her husband, Paul (Director of Campus Ministry and Religious Life at Heidelberg), her three children, Eden, Savannah and Hunter, and her three Australian Shepherds, Susie, Rooney and Copper. Dr. Stark loves sports of all kinds, especially college basketball, football and soccer. She is also Heidelberg's resident "South Parkologist," having taught a course based on the cartoon South Park since 2006 (Culture Wars and Cartman). Her favorite South Park character is Butters, and her favorite episode is Best Friends Forever.

More than  
ever, learning  
how to be open  
and actively  
listen is a  
Blessing to others!



During this class,  
we will discuss:

#### COMMUNICATION TOOLS:

- Active Listening
- Importance of Body Language
- Personal Presence

Taught through  
the Lens of:

- Biblical
- Theological
- Psychological Perspectives
- Exercises will be based on Clinical Pastoral Education models

Given today's highly  
anxious society,  
can you identify  
and competently  
use a variety  
of tools and behaviors  
that are essential in  
creating an environment  
that promotes a  
nurturing space  
and invites caring  
conversation with  
others?



The NWOA Lay School of Religion is open to all lay members of the Association who wish to grow and be enriched, whether in their personal life, or for further opportunities to serve God. Individuals may take a single class or complete the course of study to become a graduate of Lay School.

[FIND COMPLETE INFORMATION AND REGISTRATION FORM, HERE!](#)